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### 1. (Red) Youth and Deployment: A Guide to Survival

[http://www.guardfamily.org/08\\_deployment\\_resources/1.%20Youth%20and%20Deployment%20A%20Guiide%20for%20Survival.pdf](http://www.guardfamily.org/08_deployment_resources/1.%20Youth%20and%20Deployment%20A%20Guiide%20for%20Survival.pdf)

### 2. (Clear) Educator's Guide to the Military Child During Deployment

[http://www.militarystudent.org/k12images/upload/educator\\_guide.pdf](http://www.militarystudent.org/k12images/upload/educator_guide.pdf)

### 3. (Blue) Parent's Guide to the Military Child During Deployment and Reunion

[http://www.militarystudent.org/k12images/upload/Parents\\_Guide\\_Deployment.pdf](http://www.militarystudent.org/k12images/upload/Parents_Guide_Deployment.pdf)

### 4. (Orange) Deployment Guides for Children whose families are in the National Guard

- a. Ages 5-7 – My Travel Trunk: When Mom and Dad go away to help our country.

[http://www.guardfamily.org/08\\_deployment\\_resources/3.Travel\\_Trunk\\_Ages\\_5-7.pdf](http://www.guardfamily.org/08_deployment_resources/3.Travel_Trunk_Ages_5-7.pdf)

- b. Ages 8-10 – Travel Journal: A Discovery about Deployment

[http://www.guardfamily.org/08\\_deployment\\_resources/4.%20Journal%20Ages%208-10.pdf](http://www.guardfamily.org/08_deployment_resources/4.%20Journal%20Ages%208-10.pdf)

- c. Ages 11-12 - Trip Ticket: About Deployment

[http://www.guardfamily.org/08\\_deployment\\_resources/5.%20Trip%20Ticket%20Ages%2011-12.pdf](http://www.guardfamily.org/08_deployment_resources/5.%20Trip%20Ticket%20Ages%2011-12.pdf)

- d. Ages 2-4

[http://www.guardfamily.org/08\\_deployment\\_resources/2.%20Lets%20Take%20A%20Trip%202-4.pdf](http://www.guardfamily.org/08_deployment_resources/2.%20Lets%20Take%20A%20Trip%202-4.pdf)

- e. Ages 13-18

[http://www.guardfamily.org/08\\_deployment\\_resources/6.%20Travel%20Pack%20Ages%2013-18.pdf](http://www.guardfamily.org/08_deployment_resources/6.%20Travel%20Pack%20Ages%2013-18.pdf)

### 5. (Yellow) Taking Care of Our Kids

- a. Handling Separation

<http://www.defenselink.mil/ra/family/toolkit/pdf/C-2-3.pdf>

b. Helping in Times of Trauma

<http://www.defencelink.mil/ra/family/toolkit/pdf/A-2-8.pdf>

c. Caring for Kids After Trauma and Death: A Guide for Parents  
and Professionals

[http://www.aboutourkids.org/aboutour/articles/crisis\\_guide02.pdf](http://www.aboutourkids.org/aboutour/articles/crisis_guide02.pdf)

d. Terrorism and Children

<http://www.deploymentlink.osd.mil/deploy/family/terrorism.shtml>

6. (Green) Resources to Support Families

a. Websites

<http://guardfamily.org>

<http://cyfernet.mes.umn.edu>

<http://militarychild.org>

<http://defenselink.mil>

<http://nmfa.org>

b. Local and State Support Personnel

7. Activities

Military phone card donation program

[http://www.nmfa.org/site/PageServer?pagename=reus\\_deploy\\_phonecards.pdf](http://www.nmfa.org/site/PageServer?pagename=reus_deploy_phonecards.pdf)

You are my hero

<http://www4.army.mil/USAR/families/justforkids.htm>